



LUNCH

DECEMBER 2017

South Portland Elementary Schools

Menu Subject to Change
Without Notice

Monday

4
Sloppy Joe on Roll
Steak Fajita
Tuna Salad Sandwich
Fresh Fruit & Veggie Bar
Choice of Milk

11
Chicken Fajita
BBQ Pork Sandwich*
Tuna Roll
Fresh Fruit & Veggie Bar
Choice of Milk

18
Pork Fried Rice*
Tomato Soup & Grill Cheese
Sandwich
Tuna Roll
Fresh Fruit & Veggie Bar
Choice of Milk

25

Tuesday

5
Shepherd's Pie
Italian Sandwich*
Egg Salad Sandwich
Fresh Fruit & Veggie Bar
Choice of Milk

12
Pancakes & Sausage
Chicken Stuffing Casserole
Egg Salad Sandwich
Fresh Fruit & Veggie bar
Choice of Milk

19
Cheeseburger
Scrambled Eggs with Ham*
Egg Salad Sandwich
Fresh Fruit & Veggie Bar
Choice of Milk

26

Wednesday

6
Chicken Caesar Sala
Ham & Pineapple Dinner*
Chicken Salad Sandwich
Fresh Fruit & Veggie Bar
Choice of Milk

13
Baked Potato with
Cheese & Broccoli
Beef Burrito
Ham & Cheese Roll Up*
Fresh Fruit & Veggie Bar
Choice of Milk

20
Holiday Dinner
Lasagna
Garlic Bread
Tossed Salad
Holiday Cake
Choice of Milk

27

Thursday

7
Chili with Cornbread
Chicken Stir Fry/Brown Rice
Turkey & Cheese Sandwich
Fresh Fruit & Veggie Bar
Choice of Milk

14
Baked Chicken
Chef Salad/Leafy Greens*
Turkey Wrap
Fresh Fruit & Veggie Bar
Choice of Milk

21
Taco
Bagel & Blueberry Yogurt
Turkey & Cheese Sandwich
Fresh Fruit & Veggie Bar
Choice of Milk

28

Friday

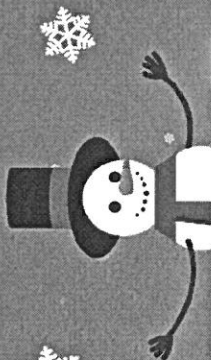
1
Dunkers with Sauce
Chef Salad/Leafy Greens*
Sun Butter & Jelly Sandwich
Fresh Fruit & Veggie Bar
Choice of Milk

8
American Chop Suey
Chef Salad/Leafy Greens*
Sun Butter & Jelly Sandwich
Fresh Fruit & Veggie Bar
Choice of Milk

15
Fish Sticks
Grill Cheese Sandwich
Sun Butter & Jelly Sandwich
Fresh Fruit & Veggie Bar
Choice of Milk

22
Pasta with Sauce
Grill Cheese Sandwich
Sun Butter & Jelly Sandwich
Fresh Fruit & Veggie Bar
Choice of Milk

29



Each meal comes with a trip to the fruit and vegetable bar which contains a variety of fresh, frozen, and canned fruits and vegetables and a choice of either white low fat milk or white or chocolate skim milk

Please contact the School Nutrition Office at 767 - 3266 ext. 3842 with any questions about food allergies

*Items that may contain pork



PAY FOR MEALS ONLINE
MySchoolBucks.com